

# **Teifi Inn**

## **Sunday Lunch Menu**

### **Starters**

**Soup of the day** – with a baguette (GF available) **5.25**

**Chefs Pate** – with toast (GF available) **6.50**

**Whitebait** - with brown bread **6.95**

**Nutty Wedges** – with cranberry sauce (GF available) **6.95**

### **Mains**

(Children's Sunday Roast **6.50** Children's menu available)

**Roast Lamb** - slices of lamb with mint sauce **14.95**

**Roast Beef** - sliced beef Yorkshire & homemade gravy **13.95**

**Roast chicken** - Half roast chicken with stuffing balls **12.95**

**Roast Pork** - Slices of roast pork with crispy crackling **12.95**

**Fish Pie** - Creamy fish pie with a creamy mash topping **13.50**

**Pie of the day** - With puff pastry with mash or chips & seasonal veg **12.95**

**Beef Burger** - House special 7oz beef burger with coleslaw & chips (GF available)  
**13.95**

**Halloumi burger** - with chilli jam chips & coleslaw **12.95**

**Macaroni Bacon Cheese** - In rich cheese sauce & garlic bread (veg avail) **11.50**

**Nut Roast** - cranberry and orange nut roast served with vegetarian gravy **12.50**

(All Roasts served with Roast Potatoes, Yorkshire pudding and a selection of seasonal vegetables and homemade gravy)

### **Desserts 6.95**

**Sticky Toffee Pudding** - Rich and sticky date and treacle sponge smothered in a warm toffee sauce (GF available)

**Mars Bar Brownie** - Chunks of Mars bar in a rich chocolate brownie served warm and gooey (vegan option available)

**Crumble of the day** - Fruit & crunchy oat topping (GF available)

**Teifi Crush** – sweet berries, crushed meringue, ice cream and cream

**Bakewell Tart** - shortcrust pastry with jam frangipane & almonds

**Ice Cream** - **1.30** per scoop

All above served with Ice Cream, Cream or Custard

If you have a food intolerance or would like a dish adapted on the menu, please let our friendly servers know. While we offer a gluten free option we are not a gluten free kitchen, cross contamination could occur and our restaurant is unable to guarantee that any item can be completely free of allergens