Teifi Inn

Menu

Starters

Soup of the day – with a baguette (GF available) 5.25

Chefs Pate - with toast (GF available) 6.50

Whitebait - with brown bread 6.95

Nutty Brie Wedges - with cranberry sauce (GF available) 6.95

Mains

Fish Pie - with a creamy cheese mash topping & peas 14.50

Fish and Chips - Crispy beer battered fish, chips & peas 14.95

Whole tail Scampi - with chips peas & tartar sauce 12.95

Gammon & chips – with free range egg/pineapple & peas (GF) **13.50**

Pie of the Day - Topped with puff pastry with mash or chips and seasonal veg 12.95

Curry of the Day - with rice/chips and garlic Naan (GF available) 12.50

Chilli – with rice, grated cheese and sour cream 11.50

Beef Burger - House special 70z beef burger with coleslaw and chips (GF available) 13.95

Cajun Chicken Burger -fried chicken breast in a bun with chips & coleslaw (GF option) 13.95

Halloumi burger - with chilli jam chips & coleslaw 12.95

Macaroni Bacon Cheese - in rich cheese sauce with garlic bread & salad garnish (Veg avail)

11.50

Nut Roast - cranberry & orange nut roast with vegetarian gravy 12.50

Desserts 6.95

Sticky Toffee Pudding - Rich and sticky date and treacle sponge smothered in a warm toffee sauce (GF available)

Mars Bar Brownie - Chunks of Mars bar in a rich chocolate brownie served warm and gooey (vegan option available)

Crumble of the day - Fruit & crunchy oat topping (GF available)

Teifi Crush – sweet berries, crushed meringue, ice cream & cream

Bakewell Tart - Shortcrust pastry with jam frangipane & almonds

Ice Cream - £1.30 per scoop

All above served with Ice Cream, Cream or Custard

If you have a food intolerance or would like a dish adapted on the menu, please let our friendly servers know. While we offer a gluten free option we are not a gluten free kitchen, cross contamination could occur and our restaurant is unable to guarantee that any item can be completely free of allergens